

## Patient-Centered and Passionate Physical Therapist

**How to apply:** Send an email with cover letter to  
[stella.dimitrakakis@somavitapt.com](mailto:stella.dimitrakakis@somavitapt.com)

**Location(s):** 10 Shawnee Dr Suite B3,  
Watchung NJ 07069

**Schedule:** Full time, Part time, schedule is flexible  
Expected hours: 24 per week



Just before you rush to apply, take a look at the list below and ask yourself honestly if any of these describe your situation right now:

- Tired of seeing 12-20+ patients per day?
- Are you truly passionate about physical therapy and making a difference in people's lives...and just wish you had the time and freedom to make a difference?
- Do you wish you could spend more time with your patients instead of dealing with insurance and corporate demands?
- Are you starting to feel burnt out already – after working so hard for your degree?
- Are you looking to expand your knowledge in pelvic floor physical therapy?
- Do you want to work in an environment where people appreciate and value your presence and encourage you to think outside the box?
- **If you found yourself saying YES to one or more of those questions, we might just have the position you're looking for...**

Job Description:

- Caseload: Reasonable caseload of up to 6-7 clients per day, so that you go home feeling energized and happy about the work you did, instead of mentally or physically drained.
- One-on-One Sessions: 1-on-1 uninterrupted sessions with each client – which means you can actually make a difference in their lives. No double bookings – ever.
- Client Focus: Ability to work with active adults and some chronic/complicated cases who are extremely motivated to get back to moving pain free.
- Easy Documentation: We are 100% out of network which means we do not have to cater to insurance companies with elaborate documentation standards.
- Professional Growth: We offer unlimited earning potential and ability to grow within the company. You will have a chance to expand your clinical skills and knowledge through one-on-one mentorship and ongoing training sessions
  - No matter your experience/skill level - Dr. Stella will help you will hone your skills as a PT
- Comprehensive Care: You get to treat the patient on a full spectrum, from injury rehab to fitness/wellness.
- Comfortable Environment: You get to wear comfortable, professional “athleisure” wear to work.
- Spend your downtime researching a case when necessary or communicating directly with your clients when they have questions - instead of filling out insurance authorizations or paperwork.
- **Look forward to coming to work every day - because you actually get to practice what you went to school for...physical therapy!**
- Most importantly... you get to use your talents and passion (you know, the thing that made you want to become a PT to begin with) to make a REAL difference in people's lives.

Qualifications:

- **Someone who is truly passionate about physical therapy and wants to make a real transformation in people's lives.**
- Someone who is looking to work in an environment that is NOT a traditional outpatient clinic - and that is fun and feels like a family.
- Someone who wants to **learn** and be mentored - that means newer grads and experienced clinicians, please apply! You'll learn everything you need to become a world-class therapist.
- Someone who wants a small clinic feel but operates with big business ideas! This job comes with benefits and plenty of opportunity for continuing education - just without the burn-out and corporate red-tape.
- Someone who is **flexible** and open to change as our practice continues to grow and evolve.
- Someone who wants to use a blend of holistic healing and injury prevention to deliver the highest level of results to our clients.

Preferred:

- Has taken the foundational classes or plans to take from the Institute of Physical Arts, or Selective Functional Movement Screen (SFMA)/Functional Movement Screen (FMS)

Benefits, in addition to competitive salary:

- 60-min Evaluation and Treatment sessions with **Minimal** documentation requirements!
- **Make your own schedule**, with no more than 7 patients per day
- Bonus structure
- Co-mentorship opportunities and continual one-on-one training
- Majority of your caseload will be postpartum mothers, active adults, runners, gym goers, TMJ, chronic pain via direct access
- Other benefits (ie. PTO, con ed)
- Potential to grow to Full-time Status: **Benefits are contingent upon Full-Time status**

About Soma Vita Physio & Wellness – Our Story

- Soma Vita Physio & Wellness was founded in 2022, with a mission to help active adults in the Watchung area get back to the activities they enjoy without surgery, unnecessary time off, or relying on pain medication. Majority of our patient population are active individuals who are having some type of pain or discomfort and are motivated to get back to exercising pain-free.
- Soma Vita Physio & Wellness is an out-of-network physical therapy clinic that specializes in Functional Manual Therapy and Pelvic Floor Health. By being out-of-network we can treat the patient as a whole and provide more optimal care for our patients. That means we work for the **patient** and not the insurance companies. We are committed to treating the root cause of pain and not just the symptoms.
- It is very important to us to provide our staff with a lifestyle they are happy to have. One in which they don't feel overworked, drowning in paperwork, or rushed for treatment time with their clients so they can simply focus on results.

**Life is too short to settle for a job that doesn't inspire you or encourage and support your growth! If the position and our values resonate with you and you want to be part of a growing practice offering something unique to the healthcare system, please send a cover letter and resume to [Stella.Dimitrakakis@somavitapt.com](mailto:Stella.Dimitrakakis@somavitapt.com)**