



Manual Physical Therapist: Roots Integrative Therapies

Roots Integrative Therapies is a holistic therapy clinic located on the Seacoast of New Hampshire in Portsmouth. Roots offers Manual Physical Therapy, Pelvic Health Therapy, Integrative Nutrition, Therapeutic Massage and Functional Personal Training. Roots was formed from the idea that people deserve a better option to achieve greater health and wellness. In the US, the healthcare system is focused on treating the symptoms of the disease or injury state, and only after the disease or injury has taken place. People are seen as their parts, not as a whole being. At Roots, we realize this system doesn't really work. Only when you focus on resolving the Root of the issue, while seeing the individual as a whole, can you achieve resolution. Our method focuses on optimizing one's health from addressing alignment, posture, movement, energy, internal chemicals and micronutrients, and improving any mindset barriers to achieving real change.

More about our clinic and the position

We're hiring a Manual Physical Therapist to join our growing team. This position has the option of being a part-time or a full-time, with benefits role. The compensation range for this position is \$75-\$105 per treatment hour, commensurate with experience. We are a cash-based clinic, with one hour treatment sessions with clients. The schedule will be determined on an individual basis with each practitioner. Our clinic is located in the West End of the beautiful and historic city of Portsmouth on the Seacoast of New Hampshire. Roots provides staff training, in-service training and opportunities for continuing education.

Benefits of Roots Employment

- One-on-one mentorship from 2 CFMTs (one being a FFMT)
- Monthly in-service with 2 CFMTs, 2 Pelvic Health Therapists, Massage Therapists & Functional Personal Trainer
- Part-time or Full-time options
- Salary Position option with 4 day work week, 401k (with 3.5% match), 5 weeks of PTO, 2 weeks of Paid Holidays, medical/continuing education stipend

Required Qualifications

- New Hampshire Physical Therapy License
- Certified Functional Manual Therapist (CFMT) or desire to become a CFMT
- Experience: Minimum two years of practical experience

Key Responsibilities

- Assess patients' injuries and conditions to identify the root cause of their problems.
- Create and implement customized treatment plans that often include manual therapy, therapeutic exercises, and patient education.
- Perform hands-on techniques such as joint mobilization, soft tissue manipulation, and massage to restore function, flexibility, and alignment.

- Guide patients through therapeutic exercises designed to improve strength, flexibility, and range of motion.
- Educate patients and their families on pain management strategies, home exercises, and injury prevention.
- Chart patient progress, evaluations, and treatment plans accurately and in a timely manner in electronic health records (EHR).
- Communicate with other healthcare professionals, colleagues, and family members to ensure coordinated care.
- Participate in ongoing professional development to stay current with the latest advancements in manual physical therapy.
- Participate in weekly staff meetings and monthly in service and training
- Attend events and workshops for marketing as needed

To learn more about our team, visit rootsintegrativetherapies.com/careers. To apply, please send your resume and cover letter to welcome@rootsnh.com with "Manual Physical Therapist Application" in the subject line.