



Our purpose is much bigger than our career. Our career should simply be one avenue to help our purpose find its destination. - Sam Kabat



At times, we need to re-invent ourselves and uncover clarity in our purpose...We should expect this in patients, and therefore must expect it in ourselves as clinicians as well.

After finishing the IPA Fellowship in Steamboat Springs, Colorado in 2017, I realized that I had tasted a culture that I did not want to say goodbye to. I had the opportunity to spend some valuable time with highly talented individuals in the PT / functional manual therapy industry.

After completing CFMT and fellowship, it was clear and extremely important for me to continue to be in an atmosphere where a group of motivated PT / PTA clinicians would be able to resonate with each other and all would grow stronger in knowledge, motivation, and technique... on a daily basis. One avenue for me to do this was to accept the role of faculty instructor for the IPA. In 2020, I became faculty and am currently assisting in teaching CBI.



"As iron sharpens iron, so does one person sharpen another"
Proverbs 27:17

After my fellowship in Steamboat Springs, Colorado, my wife and I and our 4 children returned to our home and clinic in Northern California. We started the process of updating our clinical setting to be a place of growth, healing and mentorship.



I am offering the following opportunities:

PT / PTA RESIDENCY

- Residency: An 18 month intensive IPA residency process.
- Highlights and Benefit to Resident:
 - 6-8 IPA courses paid for and reviewed in a structured process. Course material reviewed "one on one" with myself and integrated into weekly treatment strategies.
 - 2 hours per week of direct access with IPA Fellow for technique review, syllabus review, and co-treats.
 - PT Salary \$90,000 / PTA Salary \$70,000 and benefits package comparable to industry.
 - Productivity bonus applicable to student loans or retirement fund.
 - Work options for 4 days per week with a potential for an extended weekend.
 - Enjoy Northern California for during this time.
 - Brentwood, California is located in Northern California and is considered a hub with access to beach, mountains (camping), vineyards, and river / delta fishing all within a short journey.



- See the following distances from our Brentwood clinic:
 - Napa Valley (vineyards): 60 miles
 - Santa Cruz Beach: 85 miles
 - Lake Tahoe: 170 miles
 - Yosemite: 125 miles
 - Monterey / Carmel / Pebble Beach: 120 miles
 - California Delta fishing / water skiing: 4 miles
 - Big Sur Coast: 150 miles
 - Self pick farm cherries, peaches, produce: 3 miles



- Prep for the IPA exam week with resources and feedback from other CFMTs who have been in the trenches before you.
- Assistance with moving and feedback/resources to help find appropriate housing.
- We anticipate bringing on at least two motivated individuals so that there can be further opportunity to study together and accelerate growth.
- Residents are progressed in such a way that they can not only demonstrate competency to patients, co-workers and IPA testing.
- Both PTs and PTAs with this level of residency training and certification have more options to justify and choose whether they want to work in a cash based or mixed insurance-based setting. Options are essential in this day and age.
- This opportunity will be available starting in the new year of 2024.

- Benefit to us:

- Gives us the opportunity to go through the course material again and again and integrate it into our clinical practice with new PT energy and perspectives.
- We also get stronger every time we enter into a mentorship process.
- Allows us to keep adequate team member coverage for the community demand we have for our level of care.
- Keeps the flame of our PT owned outpatient practice going in an ever-changing industry.
- Allows for a legacy of high value functional manual therapy to progress and be passed to the right people.
- Build upon a network of like-minded and motivated clinicians who can continue to learn from each other long after this residency process.



Feel free to contact us if you'd like to discuss this opportunity or begin the application process at (925) 522-8000 or at info@kapt4u.com.

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