

EQUILIBRIUM

One Patient. One Clinician. One Hour.

Physical Therapist — CFMT, CFMT Track, DNS Interest

Fort Lee, New Jersey | Full-Time or Part-Time | Outpatient · Cash-Based & Out-of-Network · One-on-One Manual Therapy

WHO WE ARE

Equilibrium is a premium, out-of-network physical therapy clinic in Fort Lee, NJ — minutes from the George Washington Bridge and Manhattan. We built our entire model around a single idea: real recovery requires real time. Every visit is 60 minutes, one patient with one clinician, no aides, no overlap, no productivity quotas dictating care.

We treat athletes, active professionals, post-surgical patients, complex pain cases, and people who have already tried the standard model and want something better. Our patients pay out of pocket because the outcome is worth it — which means our clinicians are freed to practice at the top of their skill, not the bottom of an insurance panel.

THE OPPORTUNITY

We are actively building a team of clinicians who want to go deeper — toward CFMT, toward DNS, toward a career defined by skill rather than volume.

This role is built for a PT who is either already a CFMT, currently pursuing it, or seriously interested in starting that path — and who wants to build parallel expertise in Dynamic Neuromuscular Stabilization (DNS). Physical Therapists who have trained in other paradigms/philosophies are more than welcome to apply — the importance is the desire and passion to pursue excellence in the craft to best serve our team and patients. You'll work alongside clinicians holding FMT certification, PNF Level 4 (Vallejo residency), and DNS training, in a clinic that treats continuing education as infrastructure, not a perk.

WHAT YOU'LL DO

- Provide one-on-one, hour-long evaluations and treatments — your full attention, one patient at a time
- Apply and refine Functional Manual Therapy® principles under direct mentorship
- Build toward CFMT certification and/or DNS training with real clinic support behind it
- Manage a caseload of self-pay and out-of-network patients — no insurance panels, no productivity churn
- Collaborate with a small, high-caliber clinical team in weekly case discussion and in-service
- Help shape a clinic culture built on clinical excellence, not volume metrics
- Take an active role in building your own caseload — social media content, community workshops, and local outreach — with full support from our marketing and admin team, so you grow a full schedule quickly rather than waiting for one

WHO WE'RE LOOKING FOR

- Licensed PT in New Jersey (or eligible for licensure)
- CFMT-certified, currently pursuing CFMT, or genuinely interested in starting the pathway
- Interest in Dynamic Neuromuscular Stabilization (DNS) — current training a plus, not required
- A manual therapy and movement-based clinical orientation

- Coachable, self-directed, receptive to feedback, team player and drawn to mentorship and growth
- Comfortable in a premium, cash-based practice where outcomes are the currency

WHAT WE OFFER

- Salary range: \$80,000–\$120,000+/year guaranteed base pay, based on experience, certification level, and schedule/productivity
- Merit and productivity bonus opportunities on top of guaranteed base pay
- Full-time or part-time schedule, depending on the right fit
- Paid time off (PTO) and paid holidays
- Dedicated paid sick leave bank
- 401(k) with employer match
- Generous employer contribution toward health insurance premiums
- Continuing education stipend, including IPA coursework toward CFMT and DNS training
- Paid, one-on-one mentorship with FMT-certified clinical leadership
- Paid in-service and clinical development time
- Minimum biannual paid team outings
- A clear path toward profit sharing
- A caseload and schedule built around 60-minute, one-on-one care

HOW TO APPLY

Send your resume and a short note on your manual therapy background and interest in CFMT/DNS to dpark@equilibriumnj.com

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